

# COVID-19: KEEPING UP WITH A MOVING TARGET August 14, 2020 UPDATE

Carrie Outten, MSN, RN, CCRN, ACCNS-AG

Clinical Nurse Specialist Johns Hopkins Hospital Baltimore, MD Sheila Miranda, RN, MS, CCRN
Nurse Educator
Johns Hopkins Hospital
Baltimore, MD











## **CME Information**

Jointly provided by Postgraduate Institute for Medicine, DKBmed, and the Institute for Johns Hopkins Nursing.

#### **Disclosure of Conflicts of Interest**

Postgraduate Institute for Medicine (PIM) requires instructors, planners, managers, and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest (COI) they may have as related to the content of this activity. All identified COI are thoroughly vetted and resolved according to PIM policy. PIM is committed to providing its learners with high quality activities and related materials that promote improvements or quality in healthcare and not a specific proprietary business interest of a commercial interest.

The faculty reported the following financial relationships or relationships they or their spouse/life partner have with commercial interests related to the content of this continuing education activity:

Name of Faculty or Presenter	Reported Financial Relationship
Carrie Outten, MSN, RN, CCRN, ACCNS-AG	None
Sheila Miranda, RN, MS, CCRN	None

Carrie Outten and Sheila Miranda have indicated that they will not be referencing the unlabeled or unapproved use of agents in today's presentation.

All activity, content, and materials have been developed solely by the activity directors, planning committee members, and faculty presenters, and are free of influence from a commercial entity.







## **CME Information**

# To attest for CME/CE/AAPA credit, please visit COVID19.dkbmed.com







# **Learning Objectives**

- Describe the needs assessment used to determine the knowledge base of the progressive care unit staff and their comfort with ICU skills
- Identify nurses' clinical skills requirements necessary to care for critically ill COVID-19 patients
- Describe the education, training, and support needed for progressive care unit nurses to successfully manage the ICU surge capacity requirements







## Thank You

This activity is supported by an educational grant from Pfizer, Inc. and in-kind support by DKBmed, LLC.

All activity content and materials have been developed solely by the activity directors, planning committee members, and faculty presenters, and are free of influence from Pfizer, Inc.

Please see COVID19.DKBmed.com for additional resources and educational activities





# Carrie Outten, MSN, RN, CCRN, ACCNS-AG Clinical Nurse Specialist Johns Hopkins Hospital Baltimore, MD

Sheila Miranda, RN, MS, CCRN
Nurse Educator
Johns Hopkins Hospital
Baltimore, MD





# **Upskilling Medical Progressive Care RNs to Care for ICU COVID-19 Patients**

- Initial support and education
  - Mobilization of resources
    - Redeployment of ICU trained staff
  - Altered staffing patterns
  - Just in time education
    - Videos
    - Fast facts
    - Policy awareness







# From Progressive Care to ICU RN

## IMC vs. ICU skills

#### Skills and Activities

Age of Patients Served: Geriatric, Adult, & Adolescent

#### Documentation

Demonstrates and Documents in electronic medical record per unit standards

#### Neurological/Sensory

Assist with lumbar puncture

#### Sedation

- · Initiates, titrates, discontinues and documents sedation for procedures
- · Initiates, titrates, discontinues and documents sedation medication bolus and infusion
- Initiates, titrates, discontinues and documents paralytic infusion (NMBA agent)
- Train of four

Targeted Temperature Management after cardiac arrest

CAM ICU assessment

#### Cardiovascular

Demonstates use of doppler

Cardiac Monitoring: Bedside Physiologic Monitor

- · Interprets and documents rhythm strips per unit standard
- Proper Electrode placement
- Redside/Central/Telemetry set-un.

## COVID-19 Clinical Care

THE JOHNS HOPKINS HOSPITAL

COVID-19: CLINICAL GUIDANCE FOR CRITICAL CARE
MANAGEMENT OF PATIENTS

- Mechanical ventilation
- Sedation
- Proning

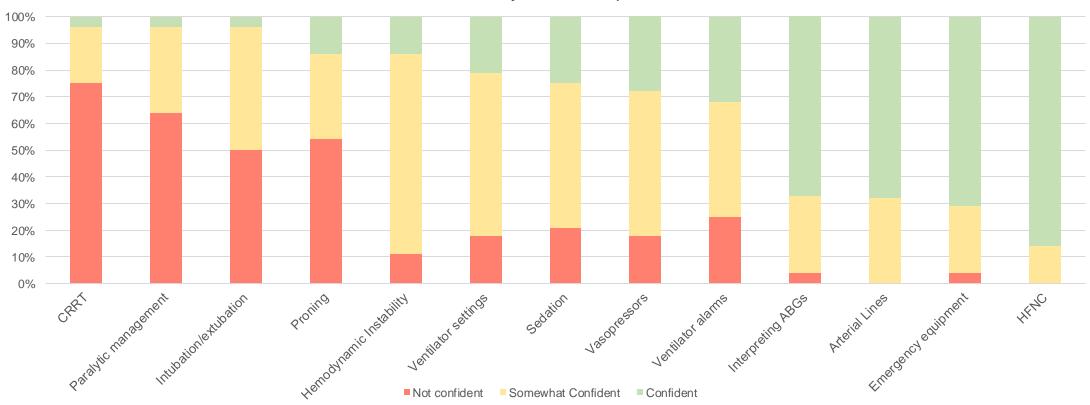






# **Ongoing Development**





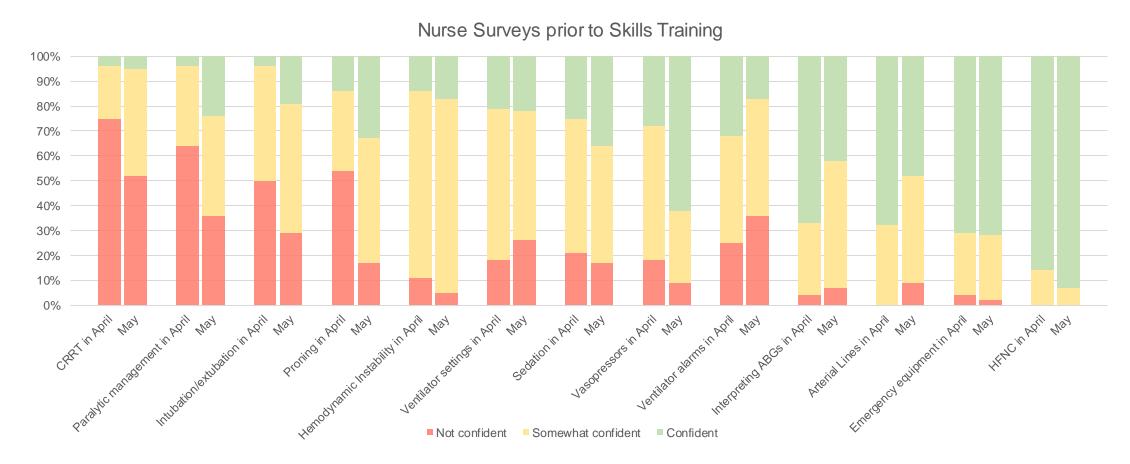
Nishimura, M. High-flow nasal cannula oxygen therapy in adults. j intensive care 3, 15 (2015). https://doi.org/10.1186/s40560-015-0084-5





# A MARINE

# **Ongoing Development**









# Ongoing Development Cont.

- Formal training
  - Skills review
  - Preceptorship
- Competency development
  - Clinical practice
  - Safety
  - Communication/Quality







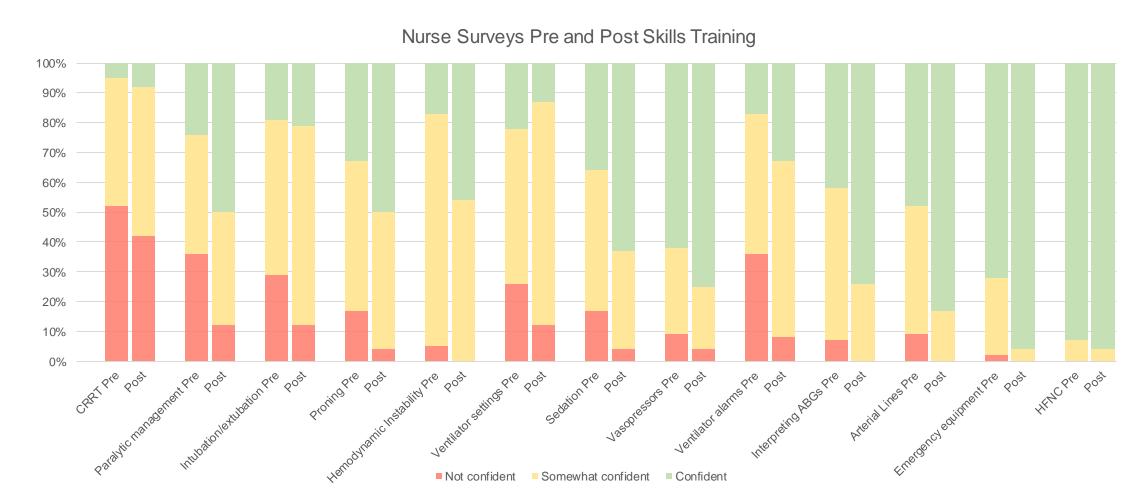
- Skills workshop evaluation
- Preceptor & staff feedback
- Ongoing survey





# A THE STATE OF THE

# **Pre and Post Skills Training**

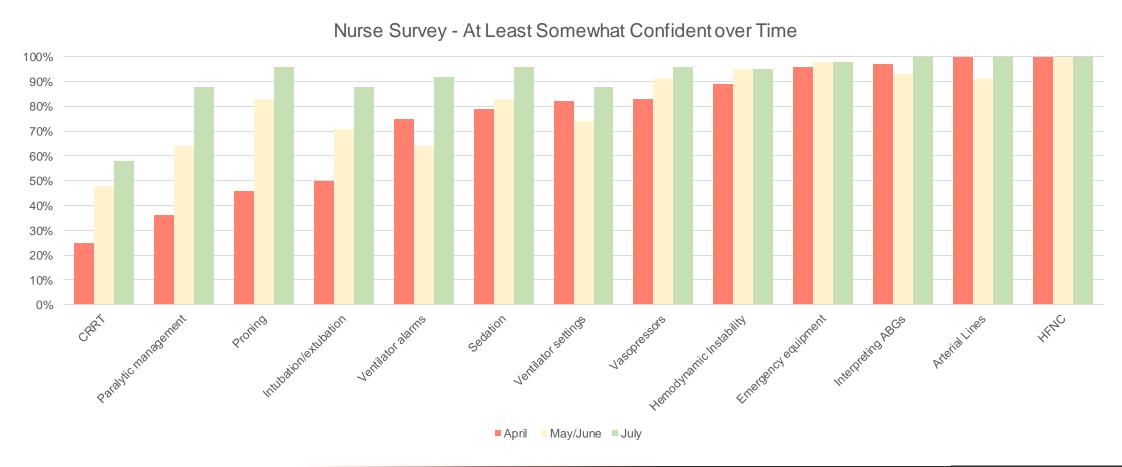








## **Confidence Increases with Time**











To submit your own question, please email QA@dkbmed.com







What are some of the biggest challenges progressive care unit RNs have reported during the upskilling process?







Would the nurses be able to maintain ICU level competency once COVID-19 pandemic passes?





### To receive CME/CE/AAPA credit:

- Complete the evaluation on at COVID19.DKBmed.com
- Upon registering and successfully completing the activity evaluation, you will have immediate access to your certificate.

### To access more resources related to COVID-19:

Access our resource hub at COVID19.DKBmed.com

## To ask your own question, email:

QA@dkbmed.com

