

# COVID-19: KEEPING UP WITH A MOVING TARGET December 16, 2020 UPDATE



Paul Auwaerter, MD, MBA, FIDSA Clinical Director, Division of Infectious Diseases Sherrilyn and Ken Fisher Professor of Medicine Fisher Center for Environmental Infectious Diseases Johns Hopkins University School of Medicine











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Name of Faculty or Presenter	Reported Financial Relationship
Paul G. Auwaerter, MD, MBA, FIDSA	Scientific Advisor: DiaSorin, Shionogi Inc. JNJ: Ownership equity

Dr. Auwaerter has indicated that he will be referencing the unlabeled or unapproved use of agents currently being investigated in on-going studies and trials, including a remdesivir, baricitinib, and several vaccine platforms.

All activity, content, and materials have been developed solely by the activity directors, planning committee members, and faculty presenters, and are free of influence from a commercial entity.







# **CME Information**

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# **Learning Objectives**

- Discuss efficacy of baricitinib in combination with remdesivir
- Describe similarities and differences of the two mRNA vaccines (Pfizer and Moderna)







# **Thank You**

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Please see **COVID19.DKBmed.com** for additional resources and educational activities





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### **DISEASE SEVERITY**

### PANEL'S RECOMMENDATIONS

Not Hospitalized, Mild to Moderate COVID-19 There are insufficient data to recommend either for or against any specific antiviral or antibody therapy. SARS-CoV-2 neutralizing antibodies (bamlanivimab or casirivimab plus imdevimab) are available through EUAs for outpatients who are at high risk of disease progression.<sup>a</sup> These EUAs do not authorize use in hospitalized patients.

Dexamethasone should not be used (AIII).

Hospitalized<sup>a</sup> But Does Not Require Supplemental Oxygen

Dexamethasone should not be used (Alla).

There are insufficient data to recommend either for or against the routine use of **remdesivir**. For patients at high risk of disease progression, the use of remdesivir may be appropriate.

### Hospitalized<sup>a</sup> and Requires Supplemental Oxygen

(But Does Not Require Oxygen Delivery Through a High-Flow Device, Noninvasive Ventilation, Invasive Mechanical Ventilation, or ECMO) Use one of the following options:

- Remdesivir<sup>b,c</sup> (e.g., for patients who require minimal supplemental oxygen) (Blla)
- Dexamethasone<sup>d</sup> plus remdesivir<sup>b,c</sup> (e.g., for patients who require increasing amounts of supplemental oxygen) (BIII)<sup>e,f</sup>
- Dexamethasone<sup>d</sup> (e.g., when combination therapy with remdesivir cannot be used or is not available) (BI)

Hospitalized<sup>a</sup> and Requires Oxygen Delivery Through a High-Flow Device or Noninvasive Ventilation Use one of the following options:

- Dexamethasone<sup>d,f</sup> (AI)
- Dexamethasoned plus remdesivirb,c (BIII)e,f

Hospitalized<sup>a</sup> and Requires Invasive Mechanical Ventilation or ECMO

Dexamethasoned (AI)9

Rating of Recommendations: A = Strong; B = Moderate; C = Optional

Rating of Evidence: I = One or more randomized trials without major limitations; IIa = Other randomized trials or subgroup analyses of randomized trials; IIb = Nonrandomized trials or observational cohort studies; III = Expert opinion

NIH COVID-19
Guidelines: Some
changes regarding
standards for
hospitalized patients

https://www.covid19treatmentguidelines.nih.gov/therapeutic-management/







# NIH and IDSA Guidelines for Remdesivir

# NIH (12/4/20)

Hospitalized and requires supplemental oxygen but not through invasive mechanical ventilation or ECMO

# IDSA (11/22/20)

Hospitalized with severe COVID-19, defined as SpO<sub>2</sub> ≤94% on room air and requiring supplemental oxygen, mechanical ventilation, or ECMO







- EUA (Nov 19, 2020) for hospitalized patients ≥2 years who require supplemental oxygen, invasive mechanical ventilation, or ECMO
- ACTT-2: Blind, placebo-controlled RCT, n = 1033
  - Remdesivir+baricitinib vs remdesivir+placebo
  - Primary Endpoint median time to recovery:
    - o 7 days vs 8 days placebo; HR 1.15 (95% CI 1-1.31, P = .047)
  - Proportion of patients progressing to ventilation or death by day 29:
    - 23% vs 28%; OR, .74 (95% CI .56-.99, *P* = .039)
  - Subgroups with most benefit:
    - Ordinal score groups 5 (supplemental oxygen) and 6 (high flow or noninvasive), with 60% lower and 43% lower mortality at day 29

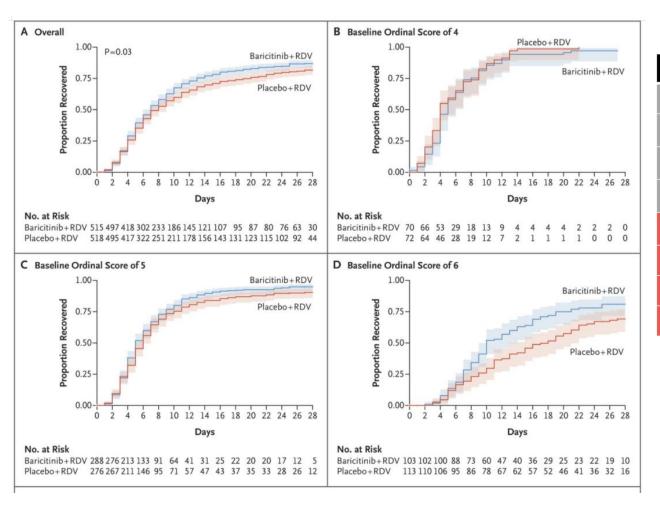








# Remdesivir + Baricitinib



Score	Description
1	Ambulatory, no limitation on activities
2	Ambulatory, limitation of activities, home O <sub>2</sub> , or both
3	Hospitalized, no O <sub>2</sub> and not requiring medical care
4	Hospitalized, no O <sub>2</sub> but requiring medical care
5	Hospitalized, any supplemental O <sub>2</sub>
6	Hospitalized, requiring NIV or HFNC
7	Hospitalized, IMV or ECMO
8	Death

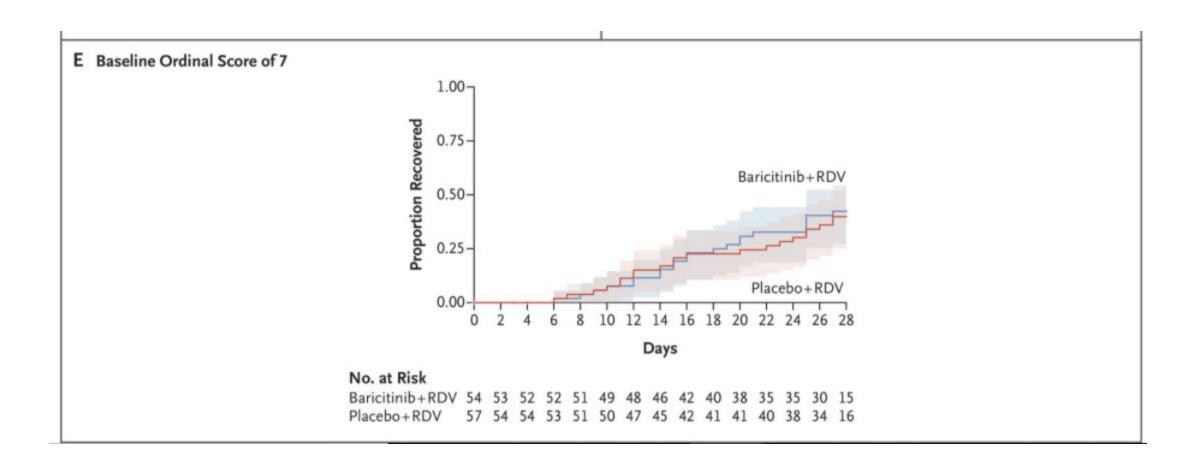
Mild disease shown in grey; severe disease shown in red







# Remdesivir + Baricitinib









# NIH Recommendations: Baricitinib

- In the rare circumstances where corticosteroids cannot be used, the Panel recommends using baricitinib in combination with remdesivir for the treatment of COVID-19 in hospitalized, nonintubated patients who require oxygen supplementation (Blla).
- The Panel recommends against the use of baricitinib in the absence of remdesivir, except in a clinical trial (AIII).









To submit your own question, please email QA@dkbmed.com









What are some similarities and differences with the Moderna mRNA vaccine compared to the BioNTech/Pfizer vaccine?



