



COVID-19: KEEPING UP WITH A MOVING TARGET

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Postgraduate Institute
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Anna Rose Martin, MS, RNC-OB, CBE, IBCLC	None

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CME Information

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Learning Objectives

- Describe the safety measures put in place by the hospital to ensure a safe delivery.
- Discuss how to prepare your patient for their delivery.
- Understand recommendations for patients to prepare home for safe discharge.





Thank You

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What to Expect During Admission

- Scheduled Cases:
 - Patients may be asked to obtain COVID testing prior to C/S or induction
 - Will be tested upon admission
 - Accula testing
- Unscheduled Cases:
 - Patients will be tested when admission is decided
 - Staff will wear PPE until test is negative
 - Care will not be withheld while testing is occurring





Who is Allowed to be with the Patient?

- One visitor is allowed for support during Labor, Delivery, and Postpartum care.
 - This visitor is not to leave the premise
 - If visitor leaves, they are only to return for pick up at time of discharge
- Assure patient that staff will provide support that is needed for a successful stay
 - Encourage patient to use this “visitor free” time to work with nurses and lactation, and deepen bonding with baby



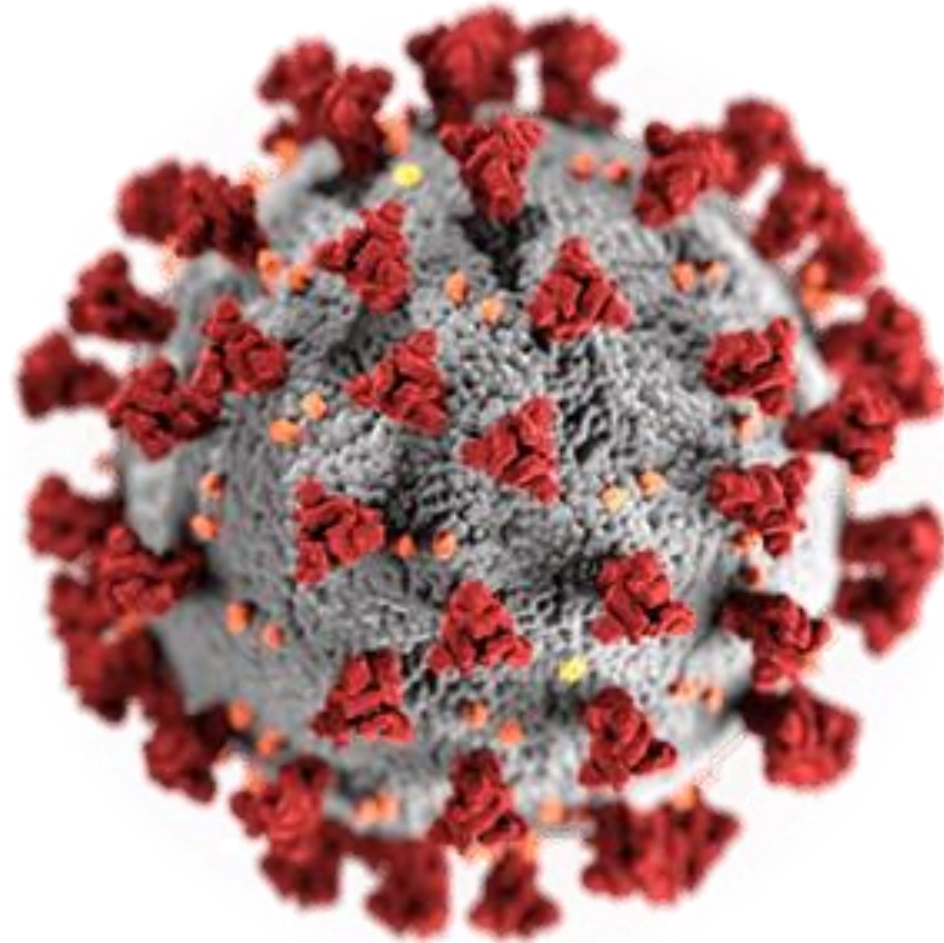


What has Changed in the Delivery Room?

- Limited visitation
- Only necessary supplies will be stocked in rooms
- Rooms and OR are blocked off as negative pressure rooms
- Staff will be wearing increased PPE



What Happens if the Patient is Positive?




What Should the Patient Pack?



- Pack for Mom, Baby, and Support Person
 - Clothes
 - Toiletries
 - Snacks
 - Medications
 - Car seat





Setting up your Patient for a Successful Discharge

- Advise parents to have common postpartum supplies at home prior to delivery
 - OTC medications, diaper, wipes, breast pump, pads, etc.
- Identify a family member who is COVID negative and quarantining to help at home
- Have food prepared and frozen or set up home delivery
- Discuss need for boundaries and saying no to visitors





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Will babies be able to board with mother if they are COVID positive at time of delivery?





Will patients be allowed to breastfeed if COVID positive?





What are the criteria for COVID testing before induction or CS?





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